



## **Invitation to a combination** **Kriya Yoga Retreat & Yoga Holiday** **In Pilion Greece**

- **Kriya Retreat with Per H. Wibe** : 17-19 September 2010
- **Yoga Holiday with Basu** : 9- 23 September 2010

Both events will be held at Leda Hotel in Horto village at mount Pilion

The hotel is build on an ideal space just next to the village and has amazing view of the Pagasitikos golf.



### **Weekend Retreat with Per H. Wibe form 17-19 September 2010**



**Per H. Wibe** has given initiations in the original Kriya Yoga technique since 1997. He is connected to the Babaji tradition through **Swami Shankarananda Giri**.

For more Information :

[www.kriyabanservice.com](http://www.kriyabanservice.com)

[www.kriya-yoga.com](http://www.kriya-yoga.com)

[www.kriya-yogagreece.com](http://www.kriya-yogagreece.com)

Per H. Wibe

Swami Shankarananda

Kriya Yoga in Greece

#### **The retreat**

will begin in the afternoon of Friday 17th of September, where all the newcomers who wish to participate in the retreat will be initiated in the technique and evening meditation will follow. On Saturday 18th are scheduled 4 meditations, one on each quarter of the day, morning-noon-afternoon-evening, while on Sunday 19th the retreat will be completed after the afternoon meditation.





## 2 weeks Yoga Holiday with Basu from 9 - 23 September 2010



**Basu** has been a Kriya Ban since 2002, when he was initiated by **Swami Shankarananda Giri**.

He is an experienced yoga teacher and has been giving yoga and meditation seminars in India, Thailand and Greece since 2000. He teaches both in English and German

For more Information :

[www.IlioHoosYoga.com](http://www.IlioHoosYoga.com)

[www.IlioHoos.com](http://www.IlioHoos.com)

Yoga Seminar  
Holiday

### Yoga Seminar

The teaching and practice is a combination of Kriya Hatha Yoga, different forms of basic meditation and deep relaxation.

**Kriya Hatha Yoga** is a form of Hatha Yoga that is using the fundamentals from Kriya Yoga. This makes it a practice that is easily integrated with Kriya Yoga Meditation. The main emphasis is on the breath and the 7 chakras.

### Cost: 2 weeks yoga holiday

Shared rooms, 3-5 beds	: € 740
Double room	: € 1090
Single room	: € 1350

### The above prices include:

- Breakfast buffet (€6/day)
- Transfer from Thessaloniki airport to the hotel and back with taxi or minibus
- 14 nights in a hotel on the beach in a spacious double room with shower and bath, WC, refrigerator, air conditioning, TV, WiFi, balcony with sea-view
- 8 days yoga seminar: Morning exercises (before breakfast), main seminar and exercises (after breakfast), and evening meditation and relaxation

### Additional offers (which can also be arranged upon arrival):

- evening meal in buffet without drinks is (10€/day)

### Kriya Yoga weekend retreat

With Initiation	: € 120
Have already the Initiation	: € 90

**Discount.** If you join both the seminar and the retreat. : € 100

### Contact:

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